KATHERINE MCLEOD

34a Bremworth Avenue, Hamilton · 0276097959

Katherine.mcleod@health-tearoha.co.nz

A little about me:
I am a Nurse Practitioner working across rural primary care and aged care in the Waikato, with 30 years' experience in nursing older adults. My career has spanned aged care, palliative care, district nursing, clinical management, nurse prescribing and advanced practice in primary care.
Having managed rural aged-care facilities for over a decade, I bring a strong understanding of clinical leadership, quality improvement, workforce development and the challenges of delivering care in rural communities. My current role provides a broad perspective across primary care and aged care, with a particular interest in improving access to healthcare for older people, those with complex needs and underserved communities.
I am proud to be part of a team recently recognised with the Rural General Practice of the Year award. This recognition reflects the importance of collaborative, innovative and community-focused approaches to delivering high-quality rural healthcare.
I believe Nurse Practitioners are an important part of the changing face of primary healthcare in Aotearoa New Zealand. As the health system responds to increasing demand, workforce pressures and inequities in access, NPs have an important role in developing sustainable models of care and making effective use of the skills of the wider multidisciplinary workforce.
I am actively involved in clinical education, mentoring, professional development and clinical governance. I would bring to the Pinnacle Board a practical frontline perspective, experience in clinical leadership and a commitment to equitable, high-quality primary care that meets the needs of our communities.

EXPERIENCE

JANUARY 2023 – CURRENT: NURSE PRACTITIONER, HEALTH TE AROHA

Full time Nurse Practitioner in Rural Primary care, including acute/urgent care. Providing the clinical/medical care to three rural aged care facilities.

JULY 2022: NURSE PRACTITIONER INTERN (0.2 FTE), HEALTH TE AROHA

Working alongside a GP/clinical mentor to provide primary healthcare to the practice

population within my scope as a Registered Nurse Prescriber

JUNE 2010—January 2023:

CLINICAL OPERATIONS MANAGER - KENWYN AND CARDRONA REST HOMES &

HOSPTIALS

Advanced clinical (including RN prescribing since July 2019) and management role of two

aged care facilities, incorporating nurse practitioner internship alongside a contracted NP

for 2022. (From 1 FTE to 0.8 FTE in July 2022 as NP intern).

APRIL 2010—JUNE 2012:

REGISTERED NURSE MANAGER, DALEMARRA RESIDENTAIL CARE SERVICES

Clinical lead and management of an aged care facility

FEBRUARY 1996—APRIL 2010:

Senior registered nurse, Nurse Manager, Senior RN of psychogeriatric unit, District nursing roles in Christchurch.

Specific details available if required.

EDUCATION

2022

MASTERS OF NURSING, WINTEC

2021

EVIDENCE BASED PRACTICE PROJECT B, WINTEC

2020

EVIDENCE AND ENQUIREY IN PRACTICE B-, WINTEC

2019

RN PRESCRIBING CERTIFICATE OF PROFICIENCY A-, WINTEC

MAY 2017

POSTGRADUATE DIPLOMA IN HEALTH SCIENCES WITH MERIT, UNIVERSITY OF AUCKLAND

JUNE 2015

POSTGRADUATE CERTIFICATE IN HEALTH SCIENCES, UNIVERSITY OF AUCKALND

PROFESSIONAL BODY MEMBERSHIP

- HEALTH NZ – EPCC Clinical Advisory Group member
- HEALTH NZ – EPCC Skin Lesion Working Group member
- College of Nurses Aotearoa
- NPNZ
- College of Gerontology Nursing (NZNO)
- College of Child and Youth Nursing
- NZ College of Primary Health Care Nurses